### BEYOND THE BASICS
**Tuesday, May 5, 2009**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00 – 8:30 a.m.</td>
<td>Registration and Exhibits</td>
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<tr>
<td>8:30-9:30 a.m.</td>
<td><strong>Prediabetes</strong>&lt;br&gt;Mary E. Steward, A.R.N.P., M.P.H., M.S., C.D.E.&lt;br&gt;Assistant Professor, University of Oklahoma College of Medicine&lt;br&gt;Diabetes Clinician, Harold Hamm Oklahoma Diabetes Center&lt;br&gt;Tulsa, Oklahoma</td>
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<tr>
<td>9:30 – 10:30 a.m.</td>
<td><strong>Diabetic Gastroparesis</strong>&lt;br&gt;Tauseef Ali, M.D.&lt;br&gt;Fellow, Gastroenterology and Hepatology, University of Oklahoma College of Medicine&lt;br&gt;Section of Digestive Disease and Nutrition&lt;br&gt;Oklahoma City, Oklahoma</td>
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<tr>
<td>10:30 –11:00 a.m.</td>
<td>Break and Exhibits</td>
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<tr>
<td>11:00 – 12 noon</td>
<td><strong>Sleep Apnea and Diabetes</strong>&lt;br&gt;Hal Scofield, M.D.&lt;br&gt;Professor, University of Oklahoma College of Medicine&lt;br&gt;Endocrinology and Diabetes Section&lt;br&gt;Oklahoma City, Oklahoma</td>
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<tr>
<td>12 noon – 1 p.m.</td>
<td>Lunch and Exhibits</td>
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<tr>
<td>1:00 – 2:00 p.m.</td>
<td><strong>Continuous Glucose Monitoring: How to Expand Your Role</strong>&lt;br&gt;Michelle Dennison-Farris, M.S., R.D., L.D., B.C.-A.D.M., C.D.E.&lt;br&gt;Diabetes Clinician, Harold Hamm Oklahoma Diabetes Center&lt;br&gt;University of Oklahoma College of Medicine&lt;br&gt;Oklahoma City, Oklahoma</td>
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<td>2:00 – 3:00 p.m.</td>
<td><strong>Bariatric Surgery and Type 2 Diabetes</strong>&lt;br&gt;Sean Hamlett, D.O.&lt;br&gt;Endocrinology Fellow, University of Oklahoma College of Medicine&lt;br&gt;Endocrinology and Diabetes Section&lt;br&gt;Oklahoma City, Oklahoma</td>
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<tr>
<td>3:00 – 3:30 p.m.</td>
<td>Break and Exhibits</td>
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<tr>
<td>3:30 – 4:30 p.m.</td>
<td><strong>Hyperglycemia Emergencies</strong>&lt;br&gt;Mary Zoe Baker, M.D.&lt;br&gt;Professor, University of Oklahoma College of Medicine&lt;br&gt;Endocrinology and Diabetes Section&lt;br&gt;Oklahoma City, Oklahoma</td>
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<tr>
<td>4:30 – 5:00 p.m.</td>
<td>Closing and Evaluation</td>
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### BEYOND THE BASICS
**Wednesday, May 6, 2009**

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 – 8:30 a.m.</td>
<td>Registration and Exhibits</td>
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<tr>
<td>8:30 – 9:30 a.m.</td>
<td><strong>Intensive Management of the Vascular High Risk Patient: Should We or Shouldn’t We?</strong>&lt;br&gt;Michael Bryer-Ash, M.D., F.R.C.P. (Lond.), F.R.C.P. (C)&lt;br&gt;Professor, Warren Chair in Diabetes Studies&lt;br&gt;Director, Program for Adult Metabolic Health&lt;br&gt;University of Oklahoma College of Medicine&lt;br&gt;Oklahoma City, Oklahoma</td>
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<tr>
<td>9:30 – 10:30 a.m.</td>
<td><strong>Using Technology to Improve the Delivery and Coordination of Diabetes Care</strong>&lt;br&gt;Margaret Enright, M.P.H., C.D.E.&lt;br&gt;Diabetes Project Coordinator and Quality Improvement Specialist&lt;br&gt;Oklahoma Foundation for Medical Quality&lt;br&gt;Oklahoma City, Oklahoma</td>
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<tr>
<td>10:30 – 11:00 a.m.</td>
<td>Break and Exhibits</td>
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<tr>
<td>11:00 – 12 noon</td>
<td><strong>Behavior Change</strong>&lt;br&gt;Steve Sternlof, Ph.D.&lt;br&gt;Assistant Professor, University of Oklahoma College of Medicine&lt;br&gt;Department of Pediatrics, Diabetes and Endocrinology Section&lt;br&gt;Oklahoma City, Oklahoma</td>
</tr>
<tr>
<td>12 noon – 1 p.m.</td>
<td>Lunch and Exhibits</td>
</tr>
<tr>
<td>1:00 – 2:00 p.m.</td>
<td><strong>Educating the Latino Client with Diabetes: Cultural Considerations</strong>&lt;br&gt;Dawn Vaughn, RNC, CDE&lt;br&gt;Variety Health Center&lt;br&gt;Oklahoma City, Oklahoma</td>
</tr>
<tr>
<td>2:00 – 3:00 p.m.</td>
<td><strong>A Comparison of Weight Loss Diets: Which Works Best?</strong>&lt;br&gt;Niyaz Gosmanov, M.D., VA Medical Center&lt;br&gt;Assistant Professor, University of Oklahoma College of Medicine&lt;br&gt;Endocrinology and Diabetes Section&lt;br&gt;Oklahoma City, Oklahoma</td>
</tr>
<tr>
<td>3:00 – 3:30 p.m.</td>
<td>Break and Exhibits</td>
</tr>
<tr>
<td>3:30 – 4:30 p.m.</td>
<td><strong>ADA/EASD Consensus 2009: A “Step” Approach to Type 2 Diabetes</strong>&lt;br&gt;L. Kent Porter, Pharm.D., M.S., B.C.P.S.&lt;br&gt;Regional Medical Liaison&lt;br&gt;sanofi-aventis U.S. Medical Affairs</td>
</tr>
<tr>
<td>4:30 – 5:00 p.m.</td>
<td>Closing and Evaluation</td>
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**WHO SHOULD ATTEND?**

This program is intended for any health professional who wishes to enhance his/her knowledge of diabetes.

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**DAY ONE LEARNING OBJECTIVES**

Upon completion of this activity, the participant should be able to:

- Describe the population impact/prevalence rate of Prediabetes.
- Identify at least one current diagnostic criterion to identify Prediabetes.
- Describe two methods of lifestyle change and one pharmacologic treatment for Prediabetes.
- Describe the pathophysiology of gastroparesis.
- Identify the available therapeutic options for management of the diabetes patient with gastroparesis.
- Describe the relationship between diabetes and sleep apnea.
- Describe the treatment implications for sleep apnea patients with diabetes.
- Identify the role of continuous glucose monitoring (CGM) in blood glucose management.
- Describe the available codes and reimbursement rates for CGM.
- Review the evidence regarding the efficacy of ameliorating type 2 diabetes with bariatric surgery.
- Review the current theories on the amelioration of type 2 diabetes after bariatric surgery.
- Explore what role GLP-1 may have in amelioration of type 2 diabetes after bariatric surgery.
- Describe the physiological changes that occur when the body is subjected to a metabolic stressor resulting in altered levels of insulin and glucose.
- Describe therapeutic measures employed to treat hyperglycemia secondary to a hypermetabolic state.

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**DAY TWO LEARNING OBJECTIVES**

Upon completion of this activity, the participant should be able to:

- Identify two causative factors for adverse outcomes in high risk vascular patients upon institution of intensive glycemic control.
- Describe management strategies for glucose control in diabetes patients at high risk of vascular disease.
- Outline the advantages of using various forms of information technology to facilitate improved diabetes care management and integration of clinical decision support into practice.
- Discuss the impact of HIE (Health Information Exchange) in achieving improved coordination of care.
- Suggest strategies for diabetes educators to add value to their service through innovative use of health information technology.
- Identify behavior change techniques to assist patient progress from the education session to the implementation of lifestyle changes for improved health.
- Describe cultural barriers that impact health care for the Latino patient.
- Identify strategies that work well when educating the Latino patient.
- Describe the physiology of appetite control and the relationship to the pathophysiology of obesity.
- Compare and contrast recent study results on meal composition and weight loss diets.
- Discuss the updated consensus algorithm from the ADA and EASD for the initiation and adjustment of therapy for type 2 diabetes.
- Describe a step model for introducing insulin therapy in patients with type 2 diabetes when metformin and lifestyle intervention fail.

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**NURSING CONTINUING EDUCATION**

This nursing continuing education activity, approval #0612-026PR is approved for 6.5 contact hours (day one) and 6.5 hours (day two). Lowcountry AHEC is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

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**DIETITIAN CONTINUING EDUCATION**

Continuing education for dietitians has been requested. Approval is pending.

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**AWARDING CREDIT FOR PHARMACISTS**

Continuing education has been requested from the Oklahoma State Board of Pharmacy and approval is pending.

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**PROGRAM PLANNING COMMITTEE**

Sharon Buckley, R.N., C.D.E.
Program Coordinator, Harold Hamm Oklahoma Diabetes Center
University of Oklahoma College of Medicine
Oklahoma City, Oklahoma

Diabetes Clinician, Harold Hamm Oklahoma Diabetes Center
University of Oklahoma College of Medicine
Oklahoma City, Oklahoma

Sally Westfall, R.N., C.D.E.
Diabetes Clinician
OU Medical Center
Oklahoma City, Oklahoma

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**PROGRAM LOCATION**

The conference is located at the DoubleTree Hotel at Warren Place. Please make your reservations directly with the hotel. Other lodging is located nearby. You may visit [http://visittulsa.com/](http://visittulsa.com/) for alternatives.

DoubleTree Hotel at Warren Place
6110 S. Yale Avenue
Tulsa, OK 74136-1908
(918) 495-1000
The mission of the University of Oklahoma is to provide the best possible educational experience for our students through excellence in teaching, research and creative activity, and service to the state and society.

The mission of the Harold Hamm Oklahoma Diabetes Center is to promote clinical and basic sciences research related to diabetes and its complications, education of the public and professionals in all matters related to diabetes, including diabetes prevention, and optimal diabetes care for the people of Oklahoma.

This publication, printed by OU Printing Services, is issued by the University of Oklahoma. 8,000 copies have been prepared and distributed at no cost to the taxpayers of the State of Oklahoma.

The University of Oklahoma is an equal opportunity institution.

It is difficult to provide a classroom temperature that is comfortable for everyone; please bring a jacket or sweater.

**AMERICANS WITH DISABILITIES ACT**

The University of Oklahoma Health Sciences Center fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

For accommodations on the basis of disability, call Sharon at (405) 271-2814.

**FOR ADDITIONAL INFORMATION CONTACT**

Sharon Buckley, R.N., C.D.E.
Phone: (405) 271-2814
Fax: (405) 271-7522
E-mail: sharon-buckley@ouhsc.edu

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**VISIT OUR WEB SITE TO REGISTER ON LINE**

www.oklahomadiabetescenter.com

**REGISTRATION FORM**

**BEYOND THE BASICS 2009**

521-0051-901

**MAIL OR FAX REGISTRATION TO:**

University of Oklahoma OUTREACH
1700 Asp Avenue, Room B1
Norman, OK 73072-6400
Phone: (405) 325-1022  Fax: (405) 325-7273

**LAST NAME**

**FIRST NAME**

**CREDENTIALS**

☐ RN  ☐ RD  ☐ LPN  ☐ AP/NP  ☐ PharmD  ☐ DPh  ☐ Other________

**PLACE OF EMPLOYMENT**

**PARTICIPANT MAILING ADDRESS**

**CITY**

**STATE**

**ZIP**

**DAYTIME PHONE**

**E-MAIL**

**REGISTRATION FEE:**

The registration fee for this program is $100 for ONE day; $175 for BOTH days. The registration fee includes refreshments, lunch(es) and a syllabus. Please make your selection:

☐ BOTH days $175  ☐ May 5 - $100  ☐ May 6 - $100

**METHOD OF PAYMENT – PLEASE CHECK ONE:**

☐ Check or money order made payable to The University of Oklahoma

☐ Purchase order attached. P.O. # ____________________________

☐ Please charge the fee to my credit card:

☐ AMERICAN EXPRESS  ☐ VISA  ☐ MASTERCARD  ☐ DISCOVER

**CARD # ____________________________**

**EXPIRATION DATE ____________________________**

**SIGNATURE OF CARDHOLDER ____________________________**

**CANCELLATION POLICY** – A refund will be made upon written request prior to MAY 1, 2009; however, $25.00 will be retained for administrative costs. No refunds will be made after MAY 1, 2009.
DIABETES MANAGEMENT AND TEACHING STRATEGIES 2009

BEYOND THE BASICS

May 5 – 6, 2009
DoubleTree Hotel Warren Place
Tulsa, Oklahoma

Sponsored by:

Chickasaw Nation
Oklahoma Health Care Authority
Oklahoma State Department of Health
University of Oklahoma OUTREACH
University of Oklahoma College of Medicine