DIABETES MANAGEMENT AND TEACHING STRATEGIES 2010

BEYOND THE BASICS

May 5 – 6, 2010
Embassy Suites
Norman, Oklahoma

Sponsored by:
Chickasaw Nation
Oklahoma Health Care Authority
Oklahoma State Department of Health
University of Oklahoma OUTREACH
University of Oklahoma College of Medicine
**DIABETES MANAGEMENT AND TEACHING STRATEGIES 2010: BEYOND THE BASICS**

**Wednesday, May 5, 2010**

8:00 – 8:30 a.m.  Registration and Exhibits

8:30-9:45 a.m.
GLP-1 and the Incretin Principle
Cheryl Meyer, R.N., C.D.E.
Medical Scientific Liaison
Novo Nordisk, Inc.
Norman, Oklahoma

9:45 – 10:45 a.m.
Asian Americans and Diabetes
Teresa Nguyen, Pharm.D, B.C.P.S.
Assistant Professor, University of Oklahoma College of Pharmacy
Oklahoma City, Oklahoma

10:45 –11:15 a.m.  Break and Exhibits

11:15 – 12:15 p.m.
Diabetes and Vitamin D Deficiency
Madona Azar, M.D.
Assistant Professor, University of Oklahoma College of Medicine
Endocrinology and Diabetes Section
Oklahoma City, Oklahoma

12:15 – 1:15 p.m.  Lunch and Exhibits

1:15 – 2:15 p.m.
Treating a Depressed GFR
Diabetes Clinician
Harold Hamm Oklahoma Diabetes Center
Oklahoma City, Oklahoma

2:15 – 3:45 p.m.
Current Applications of Continuous Glucose Monitoring
Diabetes Specialist
Medtronic Diabetes
Edmond, Oklahoma

3:45 – 4:00 p.m.  Closing and Evaluation

**DIABETES MANAGEMENT AND TEACHING STRATEGIES 2010: BEYOND THE BASICS**

**Thursday, May 6, 2010**

8:00 – 8:30 a.m.  Registration and Exhibits

8:30 – 9:30 a.m.
Osteoporosis: An Underappreciated Complication of Diabetes
Mary Zoe Baker, M.D.
Professor, University of Oklahoma College of Medicine
Endocrinology and Diabetes Section
Oklahoma City, OK

9:30 – 10:30 a.m.
The Meaning Behind “Meaningful Use” of HIT Provider Incentive Programs for the Diabetes Educator
Margaret Enright, M.P.H., C.D.E.
Diabetes Project Coordinator and Quality Improvement Specialist
Oklahoma Foundation for Medical Quality
Oklahoma City, Oklahoma

10:30 –11:00 a.m.  Break and Exhibits

11:00 – 12:30 p.m.
Mastering Blood Glucose Patterns in Insulin Pump Therapy
Sharon Stegman, R.N., M.S.N., C.D.E.
Clinical Manager
Animas Corporation
Edmond, Oklahoma

12:30 – 1:30 p.m.  Lunch and Exhibits

1:30 – 2:45 p.m.
Making the Best of What is Better: a Positive Approach to Identifying Self-Care Challenges and Solutions
Donna Tall Bear, M.S., C.H.E.S.
Instructor, Department of Health and Exercise Science
University of Oklahoma
Norman, Oklahoma

2:45 – 3:45 p.m.
School Nutrition: What can the Educator Do?
Cheryl Meyer, R.N., C.D.E.
Medical Scientific Liaison
Novo Nordisk, Inc.
Norman, Oklahoma

3:45 – 4:00 p.m.  Closing and Evaluation
PROGRAM GOAL

This program is intended for nurses, dietitians, pharmacists or other health professional who participates in the care, education or management of the individual with diabetes. The purpose is to promote excellence in care, and provide up-to-date information to enhance knowledge integral to the effective management of diabetes. The program also seeks to provide an opportunity for the participant to interact and network with other diabetes professionals.

DAY ONE LEARNING OBJECTIVES

Upon completion of this activity, the participant should be able to:

- Identify the purpose of GLP-1.
- Explain the relationship of GLP-1 within the treatment algorithm of Type 2 diabetes.
- Explain the importance of reaching out to Asians in their effort to halt and prevent diabetes.
- Identify two barriers to successful diabetes management in Asians with diabetes.
- Explain the association of vitamin D deficiency with diabetes and its complications.
- Describe treatment of vitamin D deficiency in patients with diabetes.
- Identify resources available for staging chronic kidney disease.
- Identify appropriate dietary restrictions for the patient with impaired kidney function.
- Explain the role of both professional and personal continuous glucose monitoring and basic strategies for its use in maximizing safe and physiological approaches to insulin therapy.
- Describe the steps involved when interpreting continuous glucose monitoring data.

DAY TWO LEARNING OBJECTIVES

Upon completion of this activity, the participant should be able to:

- Describe prevention and treatment strategies for diabetes-associated osteoporosis.
- Describe pertinent new HIT "Meaningful Use" of EMR system guidelines.
- Discuss opportunities for diabetes educators to partner with physicians and providers in the attainment of the "Meaningful Use" designation markers.
- State appropriate dosing adjustments to resolve identified abnormal blood glucose patterns.
- Identify two resources that provide further education on insulin pump pattern management.
- Explain the basic principles and generative process behind appreciative inquiry and solution-oriented therapy.
- Explore the use of these models in a clinical encounter.
- Identify practices in the school lunch program that do not promote a healthy child.
- Describe cost effective, healthy changes to the school lunch program.

NURSING CONTINUING EDUCATION

Nursing contact hours have been applied for through the Texas Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

DIETITIAN CONTINUING EDUCATION

Continuing education for dietitians has been requested and approval is pending.

AWARDING CREDIT FOR PHARMACISTS

Continuing education has been requested from the Oklahoma State Board of Pharmacy and approval is pending.

PROGRAM PLANNING COMMITTEE

Sharon Buckley, R.N., C.D.E.
Program Coordinator, Harold Hamm Oklahoma Diabetes Center
University of Oklahoma College of Medicine
Oklahoma City, Oklahoma

Diabetes Clinician, Harold Hamm Oklahoma Diabetes Center
University of Oklahoma College of Medicine
Oklahoma City, Oklahoma

Gloria Matthews, M.S.N., R.N.-B.C., C.N.L.
Diabetes Clinical Nurse Leader
OU Medical Center
Oklahoma City, Oklahoma

PROGRAM LOCATION

The conference is located at: Embassy Suites Hotel & Conference Center
2501 Conference Drive
Norman, OK 73069-6396

A block of rooms have been reserved at the Embassy Suites Hotel & Conference Center. The rate of $119 is available for reservations made by April 10, 2010. Reservations requested after this date will be accepted based upon availability at the hotel's prevailing rate. Reservations can be made using embassysuites.com or by calling (405) 364-8040 and identifying the meeting as Diabetes Management and Teaching Strategies: Beyond the Basics.

The Embassy Suites Hotel & Convention Center is located on I-35 in Norman at the Robinson Exit and 24th Street in the new University North Park development.
The mission of the University of Oklahoma is to provide the best possible educational experience for our students through excellence in teaching, research and creative activity, and service to the state and society.

The mission of the Harold Hamm Oklahoma Diabetes Center is to promote clinical and basic sciences research related to diabetes and its complications, education of the public and professionals in all matters related to diabetes, including diabetes prevention, and optimal diabetes care for the people of Oklahoma.

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The University of Oklahoma is an equal opportunity institution.

It is difficult to provide a classroom temperature that is comfortable for everyone; please bring a jacket or sweater.

AMERICANS WITH DISABILITIES ACT

The University of Oklahoma Health Sciences Center fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

For accommodations on the basis of disability, call Sharon at (405) 271-2814.

FOR ADDITIONAL INFORMATION CONTACT

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REGISTRATION FORM
BEYOND THE BASICS 2010
8720053001

MAIL OR FAX REGISTRATION TO:
University of Oklahoma OUTREACH
1700 Asp Avenue, Room B1
Norman, OK 73072-6400
Phone: (405) 325-1022 Fax: (405) 325-7273

LAST NAME        FIRST NAME
CREDENTIALS □RN □RD □LPN □AP/NP □PharmD □DPh □Other_________

PLACE OF EMPLOYMENT

PARTICIPANT MAILING ADDRESS

CITY    STATE  ZIP

DAYTIME PHONE   E-MAIL

REGISTRATION FEE:
The registration fee for this program is $100 for ONE day; $150 for BOTH days. The registration fee includes refreshments, lunch(es) and a syllabus. Please make your selection:

☐ BOTH days $150       ☐ May 5 - $100       ☐ May 6 - $100

METHOD OF PAYMENT – PLEASE CHECK ONE:

☐ Check or money order made payable to The University of Oklahoma

☐ Purchase order attached. P.O. # __________________________

☐ Please charge the fee to my credit card:
  ☐ AMERICAN EXPRESS  ☐ VISA  ☐ MASTERCARD  ☐ DISCOVER
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CANCELLATION POLICY – A refund will be made upon written request prior to MAY 1, 2010; however, $25.00 will be retained for administrative costs. No refunds will be made after MAY 1, 2010.