DIABETES UPDATE 2010
Friday, November 5, 2010

7:15-8:00 a.m. Registration, Breakfast and Exhibits

7:55-8:00 a.m.
Welcome and Introductory Remarks
Timothy Lyons, M.D., F.R.C.P.

8:00-9:00 a.m.
The Dual Diagnosis of Eating Disorder and Diabetes Mellitus Type 1

9:00-9:45 a.m.
Use of U-500 Insulin with Extreme Insulin Resistance
Madona Azar, M.D.

9:45-10:15 a.m.
A1C as a Diagnostic Tool
David Jelley, M.D.

10:15-10:45 a.m.
Break and Exhibits

10:45-11:45 a.m.
Managing kids with diabetes: are there any special risks or concerns?
Kenneth Copeland, M.D.

11:45 a.m.-12:15 p.m.
Barriers to Achieving Glycemic Goals: Who Omits Insulin and Why?
Mary Zoe Baker, M.D.

12:15-1:00 p.m.
Lunch and Exhibits

1:00-2:00 p.m.
Hospital Diabetes Management Update

2:00-3:00 p.m.
Lipids in Patients with Diabetes
Hal Scofield, M.D.

3:00-3:30 p.m.
Break and Exhibits

3:30-4:15 p.m.
Metabolic Surgery Update
Niyaz Gosmanov, M.D.

4:15-5:00 p.m.
The Role of Fiber in Metabolic Dysfunction

5:00-5:15 p.m.
Closing, Clinical Pearls and Evaluation
Timothy Lyons, M.D., F.R.C.P.
COURSE DESCRIPTION
This one-day course focuses on management of the patient with diabetes. It is designed to address the unmet educational needs of health care providers who have a diverse case mix that includes patients with diabetes. The purpose is to promote excellence in care, and provide up-to-date information to enhance knowledge integral to effective management of diabetes. The program also seeks to provide an opportunity for the participant to interact and network with other diabetes professionals.

This is a fast-paced course with speakers using an audience response system to interact with the audience. This provides participants with immediate feedback of their knowledge and the opportunity to reinforce comprehension and retention of key learning objectives. The course combines best practice strategies and education through case studies and lectures.

COURSE OBJECTIVES:
Upon completion of this activity, the participant should be able to improve patient outcomes by being able to:

- Describe risk factors for the development of the Dual Diagnosis of ED-DMT1.
- Describe the increased morbidity and mortality associated with the Dual Diagnosis of ED-DM1.
- Describe treatment strategies for the Dual Diagnosis of ED-DM1.
- Identify patients with high insulin requirements that would benefit from U-500 insulin.
- Describe the pharmacokinetics of U-500 insulin.
- Describe a treatment regimen of U-500 insulin for patients with high insulin requirements.
- Explain the American Diabetes Association recommendations for the use of hemoglobin A1C as a diagnostic tool.
- Describe the benefits and limitations of using A1C for screening and diagnosis.
- Identify special concerns with regard to the infant with diabetes and interventions to address these concerns.
- Describe high-risk behaviors in the adolescent with diabetes and methods to facilitate responsible diabetes self-care.
- Identify patients who omit insulin and the independent risk factors that contribute.
- Explain strategies and tools for addressing the risk factors that lead to insulin omission.
- Identify barriers to glucose control in hospitalized patients.
- Describe recent evidence related to hypoglycemia in the hospitalized patient with diabetes and interventions to decrease the incidence of hypoglycemia.
- Describe glycemic management of the patient receiving enteral nutrition and parenteral nutrition in the hospital.
- Explain current guidelines on the diagnosis, management and treatment of patients with dyslipidemia.
- Describe aggressive therapies for the management of complex lipid disorders.
- Describe treatment strategies for special populations via case study presentations.

- Review the evidence regarding the efficacy of ameliorating type 2 diabetes with metabolic surgery.
- Describe the impact of metabolic surgery on other disorders.
- List 4 health benefits of a higher intake of dietary fibers for people with or at risk of metabolic syndrome, prediabetes and type 2 diabetes.
- Identify 4 ways to practically help clients increase their intake of dietary fiber toward the current dietary guideline recommendation.

NURSING CONTINUING EDUCATION
Nursing contact hours have been applied for through the Texas Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

PHYSICIAN EDUCATION CREDIT
Accreditation Statement
The University of Oklahoma College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this educational activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Conflict Resolution Statement
The University of Oklahoma College of Medicine, Office of Continuing Medical Education has reviewed this activity’s speaker and planner disclosures and resolved all identified conflicts of interest, if applicable.

POLICY ON FACULTY AND SPONSOR DISCLOSURE
It is the policy of the University of Oklahoma College of Medicine that the faculty and sponsor disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the course handout materials.

DIETITIAN CONTINUING EDUCATION
Continuing education for dietitians has been requested and approval is pending.

AWARDING CREDIT FOR PHARMACISTS
Continuing education has been requested from the Oklahoma State Board of Pharmacy and approval is pending.
PROGRAM LOCATION
Embassy Suites Hotel & Conference Center
2501 Conference Drive
Norman, OK 73069-6396

The Embassy Suites Hotel & Convention Center is located on I-35 in Norman at the Robinson Exit and 24th Street in the new University North Park development. Reservations can be made by calling (405) 364-8040. To receive the reduced rate of $119 please identify the conference title. The following hotels are also in close proximity:

Fairfield Inn & Suites
301 Norman Center Court
Norman, OK
(405) 447-1661

Holiday Inn
1000 North Interstate Drive
Norman, OK
(405) 364-2882

EDUCATIONAL GRANTS
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The mission of the Harold Hamm Oklahoma Diabetes Center is to promote clinical and basic sciences research related to diabetes and its complications, education of the public and professionals in all matters related to diabetes, including diabetes prevention, and optimal diabetes care for the people of Oklahoma.

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VISIT OUR WEB SITE TO REGISTER ON LINE
www.oklahomadiabetescenter.com

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