Frozen Banana Pop

4 servings
4 craft sticks
2 ripe bananas
2 Tbs orange or lemon juice
foil

Directions:
1. Peel banana and insert stick.
2. Dip banana into juice.
3. Wrap in foil and freeze for 2 or more hours.

OPTIONAL TOPPINGS
• Dip in melted chocolate, then roll in chopped nuts, crushed cereal, shredded coconut or sprinkles.