**Pasta Primavera**

4 servings

- 3 cups uncooked rotini (corkscrew pasta)
- 1 (16-oz) bag frozen mixed vegetables
- 1 (26-oz) jar pasta or spaghetti sauce
- parmesan cheese

1. Prepare pasta according to package directions. Add frozen vegetables during the last 5 minutes of cooking time.
2. Drain pasta and vegetables and set aside.
3. Bring the spaghetti sauce to a boil over medium heat.
4. Stir in the pasta and vegetables.
5. Top with grated parmesan cheese.

**Comments**

- may substitute any type of pasta for the rotini
- do not overcook the pasta and vegetables
- may substitute other types of canned or bottled Italian sauces

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**Healthy Menu**

Pasta Primavera
Tossed Green Salad
Canned Peach Halves
Milk