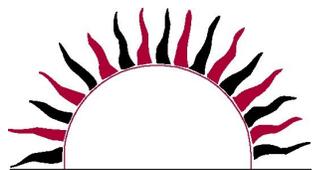


Guide to Community Services in Oklahoma

for People with Disabilities and Their Families

May 2014
Edition



**Center for Learning
and Leadership**

A University Center for Excellence
in Developmental Disabilities

 The UNIVERSITY of OKLAHOMA
Health Sciences Center



The Center for Learning and Leadership is a collaborative initiative of the University of Oklahoma Health Sciences Center, sponsored by the OU College of Medicine, with support from the U.S. Department of Health and Human Services, Administration on Intellectual and Developmental Disabilities grant #90DD0685. Federal dollars (\$4,864 for 5,000 copies) helped make this publication possible.

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Recommended citation for this publication:

Fenrick, M., & Percival, R. A. (2014). *Guide to Community Services in Oklahoma*, Center for Learning and Leadership/OK UCEDD, (Oklahoma's federally designated University Center for Excellence in Developmental Disabilities Education, Research and Service), University of Oklahoma Health Sciences Center, OU College of Medicine.

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NOTE: When you see this icon next a program or service, you can click it for more information.

Information and Support Resources

Parent-to-Parent Support

Oklahoma Family Network (OFN)

(405) 271-5072 or 1-877-871-5072
www.oklahomafamilynetwork.org

OFN supports families of children and youth with special health care needs through emotional support, resource navigation, and partnerships between families and professionals. OFN also provides leadership development for individuals and families.

Information and Referral

Sooner SUCCESS

1-877-441-0434
soonersuccess.ouhsc.edu

Sooner SUCCESS involves professionals and family members working together to find resources and services for children with disabilities.

2-1-1

Dial 2-1-1 for information about and referrals to services for everyday needs and in times of crisis.

Oklahoma Senior Info-Line

1-800-211-2116

Call this number to reach your local Area Agency on Aging (AAA). AAAs provide information and referral services.

Online Resource Guides

- Oklahoma Department of Rehabilitation Services: *Disability Resource Guide*
www.okrehab.org/guide/indexmanual.html
- ABLE Tech: *OK Funding for AT*
www.ok.gov/abletech/Publications
- Sooner SUCCESS: Online resource directory
soonersuccess.ouhsc.edu

Advocacy and Training

Oklahoma Self-Advocacy Network (OKSAN)

(405) 271-4500 www.ouhsc.edu/thecenter

OKSAN works to strengthen self-advocacy in Oklahoma and to increase the inclusion and independence of people with disabilities.

Oklahoma People First (OPF)

(405) 701-2077 www.okpeoplefirst.org

OPF is a statewide self-advocacy group run by and for people with developmental disabilities. There are 18 chapters across the state.

TARC

1-800-688-8272 www.ddadvocacy.net

TARC is a network of programs that supports Oklahomans with developmental disabilities and their families through education, training, advocacy, and information and referral.

Oklahoma Developmental Disabilities Council (ODDC)

(405) 521-4984 or 1-800-836-4470
www.okddc.ok.gov

ODDC promotes the independence and productivity of people with developmental disabilities. Training and advocacy programs include the *Youth Leadership Forum* for high school students with disabilities and *Partners in Policymaking* for self-advocates, family members, and professionals.

Sibshops

(405) 271-5700, ext. 74801
www.oumedicine.com/sibshops

Sibshops provide peer support and education within a recreational context for siblings of children with disabilities.

Timeline of Services



Birth

- Eligibility for SoonerStart and WIC begins (see [page 10](#)).
- Eligibility for TEFRA begins (see [page 6](#)).
- Eligibility for Child Health/EPSTDT begins (see [page 5](#)).
- Eligibility for SSI-DCP and FSAP begins (see [page 11](#)).

Age 3

- Eligibility for the In-Home Supports Waiver for Children and the Community Waiver begins (see [pages 7-8](#)).
- Eligibility for SoonerStart ends.

Age 5

- Children’s eligibility for WIC ends.

Age 18

- Eligibility for the In-Home Supports Waiver for Children ends.
- Eligibility for the In-Home Supports Waiver for Adults begins (see [page 7](#)).
- Eligibility for SSI is based on the individual’s income, not the family’s.
- Eligibility for SSI-DCP and FSAP ends.
- Children are no longer considered minors by Oklahoma law. Parents might want to consider if guardianship is appropriate for their child.
- To receive services through DDS, an intellectual disability (also known as mental retardation) must occur before age 18.

Age 19

- Eligibility for TEFRA ends.
- Eligibility for the Medically Fragile Waiver begins.

Age 21

- Entitlement for public education ends. (Students who turn 21 during the school year are entitled to finish that school year.)
- Eligibility for EPSTDT ends.
- Eligibility for the ADvantage Waiver begins for individuals with physical or developmental disabilities that do not include an intellectual disability (see [page 8](#)).

Age 55

- Eligibility for caregiver services provided through DHS Aging Services begins for grandparents or other relative caregivers raising a child (see [page 16](#)).

Age 60

- Eligibility for services provided through DHS Aging Services begins (see [page 16](#)).

Age 65

- Eligibility for the ADvantage Waiver begins regardless of disability (see [page 8](#)).
- Eligibility begins for some programs for older individuals, such as Medicare.

Note: Respite voucher programs are available across all ages (see [pages 12-15](#)).

Basic Eligibility Guidelines

Disability and Medical Needs

Must have an intellectual disability (IQ below 70)

- In-Home Supports Waiver for Children
- In-Home Supports Waiver for Adults
- Community Waiver

Must not have an intellectual disability (ages 21-64)

- ADvantage Waiver

Must meet Social Security Administration's definition of having a disability

- Supplemental Security Income (SSI)
- Supplemental Security Income-Disabled Children's Program (must be receiving at least \$1 of SSI)

Must have a developmental disability or a developmental delay

- Family Support Assistance Payment (FSAP) – developmental disability (birth to age 18)
- SoonerStart – developmental delay or high probability of a delay (birth to age 3)

Must meet institutional level of care criteria*

- TEFRA – ICF-MR/ICF-IID, nursing facility, or hospital level of care
- Medically Fragile Waiver – nursing facility or hospital level of care
- ADvantage Waiver – nursing facility level of care
- Sooner Seniors Waiver – nursing facility level of care

*See [page 23](#) for level of care definitions.

Income

No income criteria

- SoonerStart
- Respite Voucher Programs (for certain caregivers within some programs)

Must be SoonerCare (Medicaid) eligible

- Women, Infants, and Children (WIC)
- ADvantage Waiver
- Medically Fragile Waiver
- Living Choice Demonstration
- My Life, My Choice Waiver
- Sooner Seniors Waiver

Basic Medicaid Income Guidelines

Size of Family	Monthly Income Limit* (Subject to Change)
1	\$1,799
2	\$2,425
3	\$3,051
4	\$3,677
5	\$4,302
6	\$4,928
7	\$5,554
8	\$6,180
9+	Add \$626 per month for each over 8

*Note:

- Income limits are different for children and adults with disabilities.
- If you think your income is a little too high, apply anyway. Some people qualify with slightly higher incomes.
- Eligibility may include limits on resources.

SoonerCare (Medicaid) Services

SoonerCare (Medicaid)



Eligibility

The individual must:

- Be a resident of the state of Oklahoma.
- Be a U.S. citizen or qualified alien.

The individual also must meet category-specific criteria:

Children under the age of 19 and pregnant women

- Must have a family income equal to or less than 185% of the federal poverty level (see [page 3](#)).

Adults with children under the age of 18

- Must be a recipient of Temporary Assistance for Needy Families (TANF) or meet certain income guidelines.

Adults who are 65 or older

- Must meet certain income guidelines.

Adults or children who have blindness or another disability determination from the Social Security Administration

- Must meet certain income guidelines.

Services

Services may include:

- Behavioral health and substance abuse services (outpatient)
- Case management services
- Dental services (limited services for adults)
- Durable medical equipment
- Home health services
- Inpatient/outpatient hospital services
- Medical supplies and equipment
- Personal care services
- Physician services, including preventive services
- Pregnancy services
- Prescription drugs
- Transportation to obtain covered medical care (SoonerRide)

NOTE: Services provided must be medically necessary (see [page 23](#)).

Application

If the person requesting services is 65 or older, or has blindness or another disability, contact your local Oklahoma Department of Human Services (DHS) office (see [page 21](#)) to apply for SoonerCare (Medicaid). You will need to fill out the Request for Benefits form.

If not, you can enroll online at www.mysooner.org. You also can renew eligibility and update contact information on this website. If you need assistance, call **1-800-987-7767**. You must have eligibility renewed each year.

SoonerCare (Medicaid) Services

Child Health

Also known as Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)



Eligibility and Application

Child Health, also known as Early and Periodic Screening, Diagnosis, and Treatment (EPSDT), is a benefit of SoonerCare (Medicaid) that provides an additional set of services for children up to age 21 (eligibility ends on the child's 21st birthday).

Children enrolled in SoonerCare are automatically eligible; there is no separate application.

Services

Services in addition to general SoonerCare services may include:

- Child health screenings
- Hearing aids
- Immunizations
- Optometric services, including eyeglasses
- Physical and occupational therapy
- Speech, hearing, and language disorder services

Personal Care Services



Eligibility

Personal care services are a benefit of SoonerCare (Medicaid) that provides in-home support. Individuals of any age are generally eligible if they:

- Are enrolled in SoonerCare.
- Meet income eligibility requirements.
- Live in their own home or a shared residence.
- Have a physical condition (or both a physical and mental condition) that results in them being unable to perform activities of daily living (such as bathing or doing laundry).

Services

Services may include in-home assistance with:

- Exercise
- General errands
- Laundry
- Light housekeeping
- Meal preparation
- Personal hygiene

Note: Services do not include medical care (e.g., tracheotomy care).

Application

Contact your local DHS office (see [page 21](#)) and ask to be referred to Personal Care Services. You also may call the Personal Care intake line at **1-800-435-4711**.

SoonerCare (Medicaid) Services

TEFRA



TEFRA (Tax Equity and Fiscal Responsibility Act) is an alternative SoonerCare (Medicaid) eligibility program for children with disabilities or health conditions whose family income is over SoonerCare income limits. Children who qualify for SoonerCare through this program receive all medically necessary services, including Child Health services.

Eligibility

The child must:

- Be age 0-18. (Eligibility ends on the child's 19th birthday.)
- Be a resident of Oklahoma.
- Be a U.S. citizen or qualified alien.
- Have a Social Security number.
- Meet ICF-MR/ICF-IID, nursing facility, or hospital level of care criteria (see [page 23](#)).
- Meet the Social Security definition of disability.
- Have a letter of denial for Supplemental Security Income (SSI) based on his or her parents' income and resources (see below).
- Meet certain income guidelines. The child's income cannot exceed 250% of the federal poverty level; the parents' income is excluded.
- Live at home and have appropriate needs for in-home care.
- Be cared for in the home for the same amount or less of the estimated cost to care for him or her in an institution.

Application

- 1. Obtain a denial letter from SSI.** If you have never applied for SSI for your child, you must do so through the Social Security Administration (see [page 20](#)). If SSA determines your child is ineligible because of your family income, request a denial letter.
- 2. Contact your local DHS office** (see [page 21](#)) and request TEFRA services. You will need to complete the Request for Benefits form.
- 3. Work with your child's physician to complete the Physician Assessment (TEFRA-1) form** to determine medical eligibility. Submit this form to your DHS case worker, who will forward it to the Oklahoma Health Care Authority (OHCA).
- 4. An OHCA nurse will visit your home** to make sure it is appropriate and safe to care for your child in the home instead of a hospital or other facility.
- 5. You will receive a SoonerCare card for your child in the mail** if OHCA determines your child qualifies for TEFRA.

Medicaid Waiver Services

Developmental Disabilities Services Waivers

Currently there is waiting list for the waivers offered through DHS Developmental Disabilities Services (DDS). These waivers are the In-Home Supports Waivers for Children and Adults, and the Community Waiver. While the time on the waiting list varies, it can be extensive. It is important to note that there is only one waiting list for all waivers, and applications are addressed by the date they were received. When an applicant's name comes off the waiting list and he or she is determined eligible for waiver services, the In-Home Supports Waiver (IHSW) is generally what is offered. The Community Waiver is only available to people whose needs cannot be met with the In-Home Supports Waiver or other alternatives.

NOTE: If you are receiving these waiver services, you cannot access FSAP or respite vouchers.

In-Home Supports Waivers for Children and Adults



Eligibility	Services
<p>The individual must: have an IQ below 70 and functional limitations in three or more of the following areas: self-care, communication, learning, mobility, self-direction, independent living, and economic self-sufficiency.</p> <p>The individual <u>also</u> must:</p> <ul style="list-style-type: none">• Be age 3 or older. (The adult waiver begins at age 18.)• Meet ICF-MR/ICF-IID level of care criteria (see page 23).• Not have an individual income (family income not counted) exceeding 300% of allowable Social Security Income and no more than \$2,000 in resources.• Live in his or her own home, the home of a family member or friend, a DHS group home, or a DHS foster home.• Be a resident of the state of Oklahoma.	<p>Services may include:</p> <ul style="list-style-type: none">• Assistive technology• Environmental (home) modifications• Habilitation Training Specialists• SoonerCare (Medicaid) services• Specialized medical supplies <p>Additional services for adults include:</p> <ul style="list-style-type: none">• Adult day services• Dental services• Employment/vocational services• Physical, occupational, and speech therapy• Transportation services <p>NOTE: These waiver services are based on need, and the cost of services cannot exceed certain maximum amounts.</p>

Application

Contact your area DDS office (see [page 21](#)) and tell them you want to apply for waiver services. You will need to complete the Request for Developmental Disabilities Services form to be put on the waiting list for DDS waivers.

Medicaid Waiver Services

Community Waiver



Eligibility	Services
<p>The Community Waiver is only for those individuals who have critical support needs that cannot be met by the In-Home Supports Waiver (IHSW) or other alternatives. If this is the case, you can make a request to DDS to be moved to the Community Waiver. Otherwise, the eligibility requirements are the same as the In-Home Supports Waiver.</p>	<p>Services (in addition to IHSW) include:</p> <ul style="list-style-type: none">• Habilitation services (includes supported employment services, intensive personal supports, and Habilitation Training Specialists)• Nursing services• Residential care services (includes agency companion, daily living supports, group home services, and specialized foster care)

ADvantage Waiver

Available through DHS Aging Services



Eligibility	Services
<p>The individual must:</p> <ul style="list-style-type: none">• Be age 65 or older, or be age 21-64 with physical or developmental disabilities that do not include an intellectual disability.• Be SoonerCare (Medicaid) eligible.• Meet nursing facility level of care criteria (see page 23).• Meet Medicare financial standards for long-term care services.• Be residing in the home (cannot be living in an institution, room and board facility, or nursing home).	<p>Services may include:</p> <ul style="list-style-type: none">• Adult day health care• Environmental (home) modifications• Home-delivered meals• Hospice care• Physical, occupational, respiratory, and speech therapy• Prescription drugs• Skilled nursing services (LPN/RN)• SoonerCare (Medicaid) services• Specialized medical equipment and supplies

Application

Contact your local DHS office (see [page 21](#)) or call **1-800-435-4711** and ask to apply for the ADvantage Waiver. If you currently are receiving SoonerCare (Medicaid) services, contact your current DHS case worker and ask to apply for the ADvantage Waiver.

Medicaid Waiver Services

Additional Medicaid Waivers

Available through the Oklahoma Health Care Authority

Medically Fragile Waiver — provides funds for community-based long-term care services for Medicaid-eligible individuals who are 19 years of age or older and are medically fragile (must meet nursing facility or hospital level of care criteria; see [page 23](#)). Contact your local DHS office (see [page 21](#)) or call the Oklahoma Health Care Authority at **(405) 522-7270** to apply.



Living Choice Demonstration — provides funds for individuals who are currently living in an institutional setting (nursing home or public institution) to transition to the community. Individuals must be 19 or older, be Medicaid-eligible, and have been living in an institutional setting for at least three months in a row. Call the Oklahoma Health Care Authority at **1-888-287-2443** to apply.



My Life, My Choice Waiver — extends Living Choice Demonstration services for individuals who have a physical disability and are 20-64 years of age. A transition coordinator will assist eligible individuals in obtaining this waiver.



Sooner Seniors Waiver — extends Living Choice Demonstration services for individuals who are 65 or older. A transition coordinator will assist eligible individuals in obtaining this waiver.



Why do we need Medicaid waivers?

Federal Medicaid laws require Medicaid funds to be used in a certain way. In order to use federal funds for on-going services provided in the home or community (rather than a hospital or other institutional setting), states must have Home and Community-Based Waivers. The Medicaid waivers in this guide are Home and Community-Based Waivers.

These waivers allow individuals to “waive” institutional services in exchange for alternative services in their homes and communities. Some Medicaid waivers also allow the typical Medicaid income requirement to be waived so that only the income of the person being served is counted, not the family’s. Individuals on a Medicaid waiver receive an additional set of home and community-based services in addition to general Medicaid (SoonerCare) services.

A Note About the Self-Directed Services Option

Currently the Self-Directed Services (SDS) option is available for certain parts of the In-Home Supports Waivers for Children and Adults, the ADvantage Waiver, and the waivers listed above. In the SDS option, the person receiving services and/or family members can make decisions about who to hire to provide services. Additionally, some items may be purchased by a vendor or store preferred by the individual or family. Contact your case manager for more information.

Additional Services for Children

SoonerStart



Eligibility	Services
<p>The child must:</p> <ul style="list-style-type: none"> • Be under the age of 3. <p>The child also must fall into <u>one</u> of the following categories:</p> <ul style="list-style-type: none"> • Exhibits a delay in his or her developmental age, compared to his or her chronological age, of 50% in one or 25% in two developmental areas. • Has been diagnosed with a physical or cognitive condition that has a high probability of resulting in a delay. <p><i>There are no income restrictions.</i></p>	<p>Services may include:</p> <ul style="list-style-type: none"> • Assistive technology • Audiology services • Family training and home visits • Health and nutrition services • Occupational, physical, and speech therapies • Psychological services • Screening and assessment • Vision services

Application

Call your regional SoonerStart office (see [page 21](#)).

Women, Infants, and Children (WIC)



Eligibility	Services
<p>The individual must fit one of the following categories:</p> <ul style="list-style-type: none"> • Be pregnant, breastfeeding, or have recently given birth. • Be a child under the age of 5. <p>The individual also must:</p> <ul style="list-style-type: none"> • Live in the state of Oklahoma. • Meet SoonerCare (Medicaid) family income and resource guidelines. 	<p>Services may include:</p> <ul style="list-style-type: none"> • Breastfeeding education • Breast pumps • Nutrition education • Nutritious foods, such as milk, juice, cereal, and iron-fortified formula • Referrals to health and social services

Application

Call **1-888-655-2942** to set up an appointment with your WIC office. You will need to provide proof of identification, household income, and address at your appointment.

Additional Services for Children

Supplemental Security Income-Disabled Children's Program (SSI-DCP)

Eligibility	Services
<p>The child must:</p> <ul style="list-style-type: none"> • Be under the age of 18. (Eligibility ends on the child's 18th birthday.) • Receive a Supplemental Security Income (SSI) payment of at least \$1. (See page 20 for more information about SSI). • Live in Oklahoma. 	<p>Services offered may include:</p> <ul style="list-style-type: none"> • Adaptive equipment • Audiology services • Child care (before reaching school age) • Diapers (age 4 and older) • Formulas • Respite vouchers <p>NOTE: These services are covered under SSI-DCP only if they are not covered by SoonerCare (Medicaid).</p>

Application
<p>If your child currently receives an SSI payment, you may request SSI-DCP services from your local DHS worker. If your child is not currently receiving SSI and does have a disability, go to a Social Security office and apply (see page 20).</p>

Family Support Assistance Payment (FSAP)

Eligibility	Services	
<p>The child must:</p> <ul style="list-style-type: none"> • Be under the age of 18. • Have a developmental disability. • Have an annual adjusted gross family income of no more than \$45,000. • Be in a family headed by a biological parent, an adoptive parent, or a legal guardian. • Live in Oklahoma. <p>NOTE: The child/family is not eligible if receiving an adoption subsidy or DDS waiver services.</p>	<p>This program is a cash payment of \$250 to \$400 a month to be used at the family's discretion. The payment amount is based on the number of children with developmental disabilities living in the home.</p>	
<th>Application</th>		Application
<p>Contact your area DDS office (see page 21) and ask to apply for the Family Support Assistance Payment.</p>		

Respite Voucher Programs

Respite Voucher Programs

The purpose of respite voucher programs is to provide temporary breaks for full-time caregivers. There are a number of respite voucher programs in Oklahoma with different eligibility criteria; however, all respite voucher programs work basically the same way.

Services

Services are provided in the form of a respite voucher of \$200-\$400 once every three months, based on available funding. The caregiver can request vouchers every three months.

How It Works

The caregiver may hire a person of their choice as the respite provider and decide the hourly wage the respite provider is paid (within the respite voucher amount). The respite provider can be another family member, friend, or anyone the caregiver chooses as long as the person meets the following criteria:

- Must be age 18 or older.
- Must have a Social Security number and a Social Security card.
- Must live outside the caregiver and care recipient's home.

Care can be provided in the caregiver's home or someone else's home. Caregivers also may use a day care center, summer recreation program, camp, etc., as a respite provider.

After respite is provided, the caregiver and the respite provider fill out the voucher, sign it and mail it to the respite voucher program contact (see specific respite voucher program information on [pages 13-15](#)). A check is sent directly to the respite provider.

NOTE: A caregiver or care recipient can only receive respite vouchers from one respite voucher program or other source.

Eligibility and Application

Since there are a number of different respite voucher programs in Oklahoma, eligibility guidelines and application procedures are based on which program you use to get your respite vouchers. Specific eligibility guidelines for respite programs offered through DHS Developmental Disabilities Services (DDS), DHS Aging Services, and the Lifespan Respite Grant are provided on [pages 13-14](#). A list of general eligibility criteria and application contacts for respite programs in Oklahoma can be found on [page 15](#).

Respite Voucher Programs

Developmental Disabilities Services Respite Voucher Programs

Eligibility	
General Developmental Disabilities Services (DDS) Respite Program	
<p>The caregiver must:</p> <ul style="list-style-type: none"> • Be an Oklahoma resident. • Have an annual adjusted gross income of less than \$60,000. • Not receive the Family Support Assistance Payment (FSAP), a DHS child care subsidy, or a foster care payment. 	<p>The care recipient must:</p> <ul style="list-style-type: none"> • Have a developmental disability. • Live with and receive full-time care from a caregiver. • Not be in DHS custody. • Not receive other state-funded services, such as adult day services, community integrated employment, or sheltered workshop. • Not receive services through a Medicaid waiver.
DDS Marriage Initiative Respite Program	
<p>The caregiver must meet the above criteria and be married. The caregiver <u>may</u> receive the FSAP.</p>	<p>The care recipient may have <u>any</u> disability (mental, emotional, physical) but must be 18 years or younger. Otherwise the requirements are the same as above.</p>

Application
Contact your local DDS area office (see page 21) or call (405) 521-6521 .

Aging Services Respite Voucher Program

Eligibility
<p>The following individuals are eligible:</p> <ul style="list-style-type: none"> • Grandparent or other relative 55 or older who lives with a child (age 18 or younger) and is the primary caregiver. The biological or adoptive parents must not reside in the household. • Spouse caring for a spouse needing assistance with at least two of the following activities: personal care, bathing, eating, toileting, transferring, or walking. Either spouse must be age 60 or older. • Adult children or other relatives caring for a person age 60 or older. <p><i>There are no income restrictions.</i></p>

Application
Call the Senior Info Line at 1-800-211-2116 to connect to your local AAA or see page 22 .

Respite Voucher Programs

Lifespan Respite Grant Voucher Program

Eligibility

This program provides respite vouchers for full-time caregivers and care recipients who do not qualify for other respite programs due to income or other eligibility restrictions.

The **care recipient** must be an Oklahoma resident age birth to 59.

The **caregiver** can have an annual household income of up to \$90,000. For incomes over this amount, extenuating circumstances may be considered.

Eligible caregivers are:

- Caregivers age 18-59 caring for a person with a disorder such as Alzheimer’s disease, muscular dystrophy, multiple sclerosis, or traumatic brain injury.
- Caregivers 18 and older caring for a person with a condition other than those described above, including physical disabilities, intellectual disabilities, significant medical needs, or other conditions.
- Grandparents or other relatives 54 years old or younger who are raising a child as a full-time parent.

Application

Call **1-877-441-0434** to speak with Robyn Boswell at Sooner SUCCESS. You also may e-mail robyn-boswell@ouhsc.edu. Eligible caregivers receive \$400 worth of respite vouchers once every three months, as long as funding is available.

Other Respite Voucher Programs

You may qualify if you fit one of the categories below:

- Families who have adopted a child with special needs in DHS custody. There are no income restrictions for this program.
- Families who have a child receiving services through the Supplemental Security Income-Disabled Children’s Program (SSI-DCP).
- Families receiving Systems of Care services through the Department of Mental Health and Substance Abuse Services.

See [page 15](#) for application contacts for these respite voucher programs.

Respite Voucher Programs

Application Contacts for Oklahoma Respite Voucher Programs

Eligibility Category	Contact
Care recipient has a developmental disability	DDS Area Office (see page 21) or Vickie Thomas: (405) 521-6521 or victoria.thomas@okdhs.org
Married couples caring for a child with a mental, emotional, or physical disability	DDS Area Office (see page 21) or Vickie Thomas: (405) 521-6521 or victoria.thomas@okdhs.org
Spouse caring for a spouse (either spouse is 60 or older)	Local AAA / 1-800-211-2116
Care recipient is a parent or relative 60 or older	Local AAA / 1-800-211-2116
Grandparent or other relative 55 or older raising a child	Local AAA / 1-800-211-2116
Adoptive parent of a child with special needs who is in the custody of DHS	Local Child Welfare worker
Child receiving Supplemental Security Income-Disabled Children's Program (SSI-DCP)	Local DHS Office – SSI-DCP worker
Families and children receiving Systems of Care services through the Oklahoma Department of Mental Health and Substance Abuse Services	Local Systems of Care worker
Caregivers who do not qualify for other respite programs	Sooner SUCCESS: 1-877-441-0434 or robyn-boswell@ouhsc.edu

Additional Services for Older Adults

Services for Older Adults



Area Agencies on Aging (AAAs) act as the entry point for most services for older adults, which include in-home services and services for caregivers. Resources are targeted to individuals with the greatest economic or social need. AAAs provide local services, information and assistance, and help to access other services. There are 11 AAA service areas in Oklahoma. Call the Senior Info Line at **1-800-211-2116** to connect to your local AAA or see [page 22](#).

Eligibility
<p>General Services for Older Adults</p> <ul style="list-style-type: none"> Individuals age 60 and older are generally eligible for services. A spouse of an individual age 60 or older also is eligible for services. To qualify for most in-home services for older adults, individuals must need assistance in two or more of these areas: preparing meals, shopping for personal items, managing medication, managing money, using the telephone, doing housework, or making use of available transportation. <p>Caregiver Services Only</p> <p>Certain caregivers under age 60 may be eligible for caregiver services only. Eligible caregivers include:</p> <ul style="list-style-type: none"> A grandparent or relative caregiver 55 or older living with and caring for a child 18 or younger. The child may also be eligible for SoonerCare (Medicaid). A family caregiver, 18 or older, providing care to a person with early-onset dementia.



Services	
<p>General services, which may vary depending on your local AAA, include:</p> <ul style="list-style-type: none"> Congregate and home-delivered meals Information and referral Transportation Chore services (such as yard work) Minor repairs or home modifications Shopping assistance 	<p>Caregiver services include:</p> <ul style="list-style-type: none"> Respite care, including adult day care Counseling (support groups and caregiver training) Information services Access assistance Supplemental services

Application
<p>To request information and services, contact your local AAA. Call the Senior Info Line at 1-800-211-2116 to connect to your local AAA or see page 22.</p>

Other Services and Resources

Resources for Children and Families

Easter Seals Oklahoma

(405) 239-2525

www.eastersealsoklahoma.org

701 N.E. 13th St., Oklahoma City, OK 73104

Easter Seals provides services to children and adults with disabilities and special needs, including adult day services, child development programs, medical rehabilitation services, and assistance for children to purchase medical equipment and supplies.

J.D. McCarty Center

(405) 307-2800 or 1-800-777-1272

www.jdmc.org

2002 E. Robinson St., Norman, OK 73071

J.D. McCarty Center offers a variety of services to children with developmental disabilities, including physical therapy, speech-language therapy, psychological services, evaluations, dentistry, and respite care. It also provides clinics for mobility, vision, orthopedics, and neurology.

Oklahoma Family Support 360° Center

(405) 271-4511 www.ouhsc.edu/thecenter

800 N.E. 15th St., Oklahoma City, OK 73104

The 360° Center provides services to families of children with developmental disabilities who are Medicaid-eligible. These services include resource navigation and referral.

Child Study Center

(405) 271-5700 www.oumedicine.com/csc

1100 N.E. 13th St., Oklahoma City, OK 73117

The Child Study Center offers evaluations, consultations, and treatment for children with developmental, educational, behavioral, or medical needs.

Oklahoma Infant Transition Program (OITP)

(405) 271-6625 www.oumedicine.com/oitp

OITP serves infants and families in the Newborn Intensive Care Unit (NICU) at Children's Hospital at OU Medical Center. The program helps families to connect with support services.

Education Services

Oklahoma State Department of Education (OSDE)

(405) 521-3301 www.ok.gov/sde

Special Education Services: (405) 521-3351

OSDE provides oversight to school districts and local education agencies.

Oklahoma Head Start and Early Head Start

(405) 949-1495

www.okcaa.org/programs/head-start

These programs provide child care, education, and other services for children with disabilities. Early Head Start serves children from birth up to age 3. Head Start serves children ages 3-5.

Oklahoma Parents Center (OPC)

(405) 379-6015 or 1-877-553-4332

www.oklahomaparentscenter.org

OPC provides training, information, and education for family members of children with disabilities from birth to age 26 in order to help parents advocate successfully for their child.

Oklahoma Disability Law Center (ODLC)

1-800-880-7755 (OKC)

1-800-226-5883 (Tulsa)

www.okdlc.org

ODLC provides free civil legal services to children and adults with disabilities.

Other Services and Resources

Assistive Technology Services

Oklahoma ABLE Tech

(405) 744-9748 or 1-888-885-5588 www.ok.gov/abletech

Oklahoma State University, 1514 W. Hall of Fame, Stillwater, OK 74078

Oklahoma ABLE Tech promotes the availability of assistive technology devices and services for people with disabilities. Programs include:

- **Device demonstration centers** – give people a chance to try assistive technology devices to help individuals compare features and to help in the decision-making process.
- **Device short-term loan program** – allows individuals to borrow a device before purchasing to help the user make an informed decision.
- **Oklahoma Equipment Exchange** — provides a way to locate assistive technology at a reasonable price from other individuals who no longer need it.
- **Durable Medical Equipment Reuse** — refurbishes equipment that is no longer needed and provides it to another Oklahoma resident in need free of charge.
- **Low-interest bank loans** — help individuals purchase assistive technology.

Oklahoma State Department of Health Services

Oklahoma State Department of Health (OSDH)

(405) 271-5600 or 1-800-522-0203 www.ok.gov/health

The Oklahoma State Department of Health provides a number of services through county health departments, including immunizations, prenatal care, developmental screenings, child check-ups, and speech, language, and audiological services. Services may vary between county health departments. Contact your county health department for more information. Visit the website above to find your county health department's contact information.

Child Guidance Program cgp.health.ok.gov

This program provides behavioral health services, screening, speech-language services, childhood development services, and parent education services. Children up to age 13 are eligible. Services are provided on a sliding fee scale based on income and the size of the family. Call (405) 271-4477 for more information or contact your county health department to see if this program is available.

Children First Program cf.health.ok.gov

Children First is a program aimed at helping mothers expecting their first child to deliver a healthy baby. The program provides home visits from a public health nurse that begin before the 29th week of pregnancy and can continue until the child's second birthday. To be eligible, the mother must meet SoonerCare (Medicaid) income guidelines. Call your county health department or (405) 271-7611 for more information.

Other Services and Resources

Employment Services

Oklahoma Department of Rehabilitation Services (DRS)

(405) 951-3400 or 1-800-845-8476 www.okdrs.gov

The Oklahoma Department of Rehabilitation Services provides employment services for people with disabilities, including school-to-work transition services for students with disabilities. To locate your local DRS office, visit the website above or call 1 (800) 487-4042.

Services include:

- **Division of Vocational Rehabilitation (DVR):** Employment services for people with any disability, except blindness and diabetes.
- **Division of Visual Services (DVS):** Employment and independent living services for people who are blind, visually impaired, or have diabetes.
- **Disability Determination Division:** Determines medical eligibility for Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI).

Adult Community Resources

Centers for Independent Living (CILs)

Centers for Independent Living provide or coordinate a range of services for people with disabilities, including housing assistance; information and referral; and financial and legal advocacy.

Bartlesville: Dynamic Independence
(918) 335-1314 www.dynind.org

Norman: Progressive Independence
(405) 321-3203 www.progind.org

Enid: Sandra Beasley Independent Living Center
(580) 237-8508

Tulsa: Ability Resources
(918) 592-1235 www.ability-resources.org

McAlester: Oklahomans for Independent Living
(918) 426-6220 www.oilok.org

Social Services

Apply at your local DHS office (see [page 21](#)) for:

Low Income Home Energy Assistance Program (LIHEAP)

LIHEAP provides assistance to low-income households with heating and cooling costs, and emergency help to families who have received utility cut-off notices. Application is limited to specific time periods (July and December), and assistance is provided on a first-come basis.



Supplemental Nutrition Assistance Program (SNAP)

SNAP (formerly Food Stamps) enables low-income families to buy nutritious food.



Temporary Assistance for Needy Families (TANF)

TANF is financial assistance for children deprived of support because of a parent's death, incapacity, absence, or unemployment.



Other Services and Resources

Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI)

Social Security Administration (SSA)

1-800-772-1213 www.ssa.gov

Supplemental Security Income (SSI) is a monthly cash payment for certain children and adults who have a medical disability or blindness and limited income and resources. People 65 and older without disabilities also may be eligible if they meet certain income limits.

Social Security Disability Insurance (SSDI) is a monthly cash payment paid to people who can no longer work due to a medical disability. Eligibility is based on the individual's work history. Benefits are paid to the individual with a disability and certain family members.

To apply for these programs, call the number above or visit www.ssa.gov/locator to find your local SSA office. You also may be able to apply online at www.ssa.gov.

Mental Health Services

Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS)

(405) 522-3908 or 1-800-522-9054 Systems of Care: (405) 522-4151 www.odmhsas.org

Call the number above for the location of your local community mental health center, which may provide substance abuse counseling, crisis intervention, individual and group counseling, family counseling, and Systems of Care services. Systems of Care includes mental health and other support services for children and adolescents that are provided through an individualized plan.

National Alliance on Mental Illness (NAMI) - Oklahoma

(405) 230-1900 or 1-800-583-1264

NAMI-Oklahoma offers support, advocacy, and education for people with a mental illness, their families, and their friends. It also is a resource for information and referral for other related services.

Disability-Specific Organizations

Oklahoma Autism Network

www.okautism.org 1-877-228-8476

Down Syndrome Association of Central Oklahoma

www.dsaco.org (405) 330-5025

Down Syndrome Association of Tulsa

www.dsat.org (918) 496-1873

Epilepsy Association of Oklahoma

www.okepilepsy.org (405) 271-3232

Ability Connection Oklahoma

www.ucpok.org (405) 759-3562

Multiple Sclerosis Society

www.nationalmssociety.org/Chapters/OKE
(918) 488-0882 or 1-800-344-4867

Brain Injury Association of Oklahoma

www.braininjuryoklahoma.org
Oklahoma City: (405) 928-1647
Tulsa: (918) 789-0406

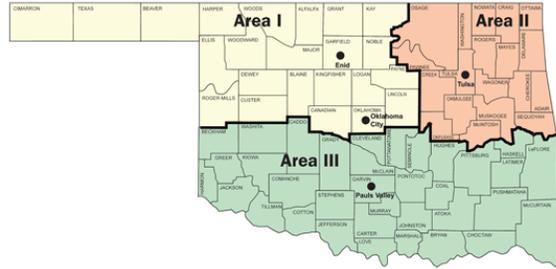
Important Contact Information

Developmental Disabilities Services (DDS) Area Offices

Apply here for:

- DDS Waivers
- Family Support Assistance Payment
- DDS Respite Voucher Programs

Area	Phone
I: Oklahoma City	(405) 522-6925
I: Enid	(580) 548-8900 1-800-522-1064
II: Tulsa	(918) 560-4848 1-800-522-1075
III: Pauls Valley	(405) 238-4700 1-800-522-1086



Oklahoma Department of Human Services (DHS) County Offices

Apply here for:

- SoonerCare (if applicant has a disability or is 65 or older)
- Personal Care Services
- TEFRA
- SSI-DCP
- SSI-DCP Respite Voucher Program
- ADvantage Waiver
- Medically Fragile Waiver

Visit www.okdhs.org/okdhslocal or call (405) 521-3646 for your local office's contact information.

SoonerStart Offices

Location	Phone	Location	Phone
Ardmore	(580) 223-9705	Muskogee	(918) 683-0321
Chickasha	(405) 224-1050	Oklahoma County	(405) 271-9477
Clinton	(580) 323-2100	Norman	(405) 321-4048
Durant	(580) 332-2011	Tahlequah	(918) 458-6577
McAlester	(918) 423-1267	Tulsa	(918) 835-8691

Links to Applications

SoonerCare Online Enrollment*:

www.mysooner.org

*for applicants under age 65 who do not have a disability

TEFRA: tinyurl.com/oldokxs

DDS Services: tinyurl.com/crbmm4d

Family Support Assistance Payment: tinyurl.com/d5k8qat

DDS Respite Voucher Programs: tinyurl.com/blee9es

Important Contact Information

Area Agencies on Aging

Apply here for:

- Services for Older Adults
- Aging Services Respite Voucher Program

Call **1-800-211-2116** to connect to the Area Agency on Aging (AAA) nearest you.

Area	Counties Served	Name	Phone
1	Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, Washington	Grand Gateway Area Agency on Aging	1-800-482-4594 (918) 783-5793
2	Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, Wagoner	Eastern Oklahoma Development District (EODD) Area Agency on Aging	(918) 682-7891
3	Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, Pushmataha	Kiamichi Economic Development District of Oklahoma (KEDDO) Area Agency on Aging	1-800-722-8180 (918) 465-2367
4	Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, Pontotoc	Southern Oklahoma Development Association (SODA) Area Agency on Aging	(580) 920-1388
5	Hughes, Lincoln, Okfuskee, Pawnee, Payne, Pottawatomie, Seminole	Central Oklahoma Economic Development District (COEDD) Area Agency on Aging	1-800-375-8255, ext. 101 (405) 273-6410, ext. 101
6	Creek, Osage, Tulsa	Indian Nations Council of Government (INCOG) Area Agency on Aging	(918) 584-7526
7	Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major, Noble	Long-Term Care Authority of Enid (an interim administrative organization)	1-888-858-9628 (580) 234-7475
8	Canadian, Cleveland, Logan, Oklahoma	Areawide Aging Agency, Inc.	(405) 943-4344 (405) 942-8500
9	Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, Tillman	Association of South Central Oklahoma Governments (ASCOG) Area Agency on Aging	1-800-658-1466 (580) 252-0595
10	Beckham, Custer, Greer, Harmon, Kiowa, Jackson, Roger Mills, Washita	South Western Oklahoma Developmental Authority (SWODA) Area Agency on Aging	1-800-627-4882 (580) 562-4882
11	Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods, Woodward	Oklahoma Economic Development Authority (OEDA) Area Agency on Aging	1-800-658-2844 (580) 625-4531

Definitions and Acronyms

Institutional Level of Care

The level of care provided by a long-term care facility to a person based on the nature of the health problem requiring care and the degree of involvement in nursing services/care needed from personnel qualified to give this care.

- (1) ICF-MR/ICF-IID: Care provided by a facility to individuals who require care and treatment services due to an intellectual disability or a developmental disability combined with one or more disabilities. The intellectual or developmental disability must have originated during the individual's developmental years (prior to 22 years of age).
- (2) Nursing Facility: Care provided by a nursing facility to individuals who require 24-hour professional nursing supervision and a maximum amount of non-professional nursing care due to physical conditions or a combination of physical and mental conditions.
- (3) Hospital: Care provided by a hospital to individuals who have a documented medical condition that requires 24-hour supervision by a medical physician. The medical condition must require the care and treatment services normally provided in an acute medical hospital.

Medically Necessary

Services or supplies that: (1) are proper and needed for the diagnosis or treatment of a medical condition; (2) are provided for the diagnosis, direct care, and treatment of the medical condition; and (3) meet the standards of good medical practice in the local area.

AAA – Area Agency on Aging

DDS – Developmental Disabilities Services (formerly DDS)

DHS – Oklahoma Department of Human Services

DRS – Oklahoma Department of Rehabilitation Services

EPSDT – Early and Periodic Screening, Diagnosis, and Treatment

FSAP – Family Support Assistance Payment

HCBW – Home and Community-Based Waiver

HTS – Habilitation Training Specialist

ICF-MR/ICF-IID – Intermediate Care Facility for persons with Mental Retardation / Intermediate Care Facility for Individuals with Intellectual Disabilities (new term)

IHSW – In-Home Supports Waiver

OHCA – Oklahoma Health Care Authority

ODMHSAS – Oklahoma Department of Mental Health and Substance Abuse Services

OSDE – Oklahoma State Department of Education

OSDH – Oklahoma State Department of Health

SDS – Self-Directed Services

SSA – Social Security Administration

SSDI – Social Security Disability Insurance

SSI – Supplemental Security Income

SSI-DCP – Supplemental Security Income - Disabled Children's Program

TEFRA – Tax Equity and Fiscal Responsibility Act

WIC – Women, Infants, and Children

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Services for older adults are funded in part by state and Older Americans Act funds from Oklahoma Area Agencies on Aging and DHS Aging Services. It is the policy of Oklahoma AAAs and their projects to serve all individuals who are eligible for their programs without regard to race, national origin, ancestry, color, religion, sex, age, or disability.



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