DIABETES MANAGEMENT AND TEACHING STRATEGIES

BEYOND THE BASICS 2012

May 18, 2012
DOUBLETREE WARREN PLACE
Tulsa, Oklahoma

Sponsored by:
Chickasaw Nation
University of Oklahoma OUTREACH
University of Oklahoma College of Pharmacy
University of Oklahoma College of Medicine
COURSE DESCRIPTION
This one-day course is intended for nurses, dietitians, pharmacists, and other health professionals who participate in the care, education, or management of the individual with diabetes. The purpose is to promote excellence in care, and provide up-to-date information to enhance knowledge integral to the effective management of diabetes. The program also seeks to provide an opportunity for the participant to interact and network with other diabetes professionals.

REGISTERED NURSES’ PURPOSE STATEMENT
This one-day course focuses on cutting-edge treatment and management of patients with diabetes. It is designed to address the unmet educational needs of registered nurses who have a diverse case mix that includes patients with diabetes. The purpose of this educational activity is to promote excellence in care, and to provide up-to-date evidence-based information in order to enhance knowledge and to promote better patient outcomes integral to the effective treatment and management of patients with diabetes.

COURSE OBJECTIVES
Upon completion of this activity, the participant should be able to improve patient outcomes by being able to:

ACPE # 053-999-12-040-L04-P 1 contact hour (0.1 CEU)
- Describe ways to integrate technology into your diabetes clinic and diabetes self-management education.
- Explain technological advances that healthcare professionals will have the potential to utilize in the near future.

ACPE # 053-999-12-036-L01-P 1 contact hour (0.1 CEU)
- Classify the stages of diabetic nephropathy, based on clinical and laboratory data.
- Explain how markers for the future of nephropathy are used clinically.
- Identify treatment modalities used to delay the progression of nephropathy.

ACPE # 053-999-12-037-L01-P 1 contact hour (0.1 CEU)
- Identify the current guidelines used for screening, testing, and diagnosing youth for type 2 diabetes.
- Describe the epidemiology and financial toll of type 2 diabetes on society.
- Explain the current research about the treatment of type 2 diabetes and youth.

ACPE # 053-999-12-043-L01-P 0.45 contact hours (0.045 CEUs)
- Classify the standards and screening process for diagnosing gestational diabetes mellitus.
- Describe treatment criteria in regards to blood glucose monitoring, nutritional guidelines, and medication approved by the FDA for gestational diabetes mellitus.
- Identify potential complications and outcomes in infants of mothers diagnosed with gestational diabetes mellitus.

ACPE # 053-999-12-041-L01-P 0.45 contact hours (0.045 CEUs)
- List dietary supplements that have been recently described in the literature that are currently being used by patients with diabetes.
- Describe new clinical studies and the pharmacology behind dietary supplements that are being used by patients with diabetes.
- Describe effective ways to counsel patients about dietary supplements.

ACPE # 053-999-12-039-L01-P 0.3 contact hours (0.03 CEUs)
- Demonstrate appropriate continuous glucose monitoring system insertion and set up.

ACPE # 053-999-12-038-L01-P 0.3 contact hours (0.03 CEUs)
- Explain current studies related to continuous glucose monitoring use in the pediatric population.

ACPE # 053-999-12-042-L01-P 1 contact hour (0.1 CEU)
- Apply appropriate pattern management to case studies that include continuous glucose monitoring.
- Identify strengths and weaknesses of continuous glucose monitoring systems.
- Identify patients who would most likely benefit from continuous glucose monitoring.

ACPE # 053-999-12-035-L01-P 1 contact hour (0.1 CEU)
- Explain the pathophysiology and diagnosis of peripheral neuropathy.
- Identify current treatment options for peripheral neuropathy.
BEYOND THE BASICS 2012
AGENDA

7:30-7:55 a.m.
Registration, Breakfast and Exhibits

7:55-8 a.m.
Welcome and Introductory Remarks
James Lane, M.D.

8-9 a.m.
Diabetes and Neuropathy - Strategies for the Diabetes Educator (A)
Laura Chalmers, M.D.
ACPE # 059-999-12-035-L01-P 1 contact hour (0.1 CEU)

9-10 a.m.
Diabetic Nephropathy and the Role of the Diabetes Educator (A)
James Lane, M.D.
ACPE # 059-999-12-036-L01-P 1 contact hour (0.1 CEU)

10:10-10:30 a.m.
Break and Exhibits

10:30-11:30 a.m.
Prevention, Onset and Treatment of Type 2 Diabetes in Youth (K)
Ryan Brown, M.D., F.A.A.P.
ACPE # 059-999-12-037-L01-P 1 contact hour (0.1 CEU)

11:30-noon
Clinical Pearls of Diabetes - Session 1 (K)
David Jolley, M.D.
ACPE # 059-999-12-038-L01-P 0.3 contact hours (0.03 CEUs)

Clinical Pearls of Diabetes - Session 2 (K)
Michelle Dennison-Farris, M.S., R.D., L.D., C.D.E., B.C.-A.D.M.
ACPE # 059-999-12-039-L01-P 0.3 contact hours (0.03 CEUs)

Noon-1 p.m.
Lunch and Exhibits

1-2 p.m.
Technology Advances in Diabetes Education (K)
ACPE # 059-999-12-040-L04-P 1 contact hour (0.1 CEU)

2-2:45 p.m.
Diabetes and Supplements (K)
Misti Leyva, M.S., R.D., L.D.
ACPE # 059-999-12-041-L01-P 0.45 contact hours (0.045 CEUs)

2:45-3 p.m.
Break and Exhibits

3-4 p.m.
Applications of Continuous Glucose Monitoring (A)
Michelle Dennison-Farris, M.S., R.D., L.D., C.D.E.
ACPE # 059-999-12-042-L01-P 1 contact hour (0.1 CEU)

4-4:45 p.m.
Current Best Evidence Guidelines for the Gestational Diabetes Population (K)
Christy Olson, M.S., R.D., L.D., C.D.E.
ACPE # 059-999-12-043-L01-P 0.45 contact hours (0.045 CEUs)

4:45-5 p.m.
Closing Remarks
Christy Olson, M.S., R.D., L.D., C.D.E.

(A) = Application-based CPE Activity  (K) = Knowledge-based CPE Activity

BEYOND THE BASICS 2012
PROGRAM FACULTY

Laura Chalmers, M.D.
Assistant Professor, Pediatric and Adult Endocrinology
Harold Hamm Diabetes Center - Tulsa
University of Oklahoma College of Medicine

Christy Olson, M.S., R.D., L.D., C.D.E.
Diabetes Clinician
Harold Hamm Diabetes Center - Oklahoma City
University of Oklahoma College of Medicine

Michelle Dennison-Farris, M.S., R.D., L.D., C.D.E., B.C.-A.D.M.
Diabetes Program Coordinator
Harold Hamm Diabetes Center - Oklahoma City
University of Oklahoma College of Medicine

Cathey Colburn, M.S., R.N., C.D.E.
Lead Diabetes Educator
Harold Hamm Diabetes Center - Tulsa
University of Oklahoma College of Medicine

Clinical Associate Professor and Clinical Programs Director
Harold Hamm Diabetes Center - Oklahoma City
Pediatric Diabetes and Endocrinology
University of Oklahoma College of Medicine

James Lane, M.D.
Professor, Endocrinology and Diabetes Section
Harold Hamm Chair in Clinical Diabetes Research and Director of Adult Clinical Programs
Harold Hamm Diabetes Center - Oklahoma City
University of Oklahoma College of Medicine

Ryan Brown, M.D., F.A.A.P.
Clinical Associate Professor
Department of Pediatrics
Pediatric Emergency Medicine Section
Pediatric Diabetes and Endocrinology Section
University of Oklahoma College of Medicine - Oklahoma City

David Jolley, M.D.
Hille Chair in Diabetes and Director of Tulsa Programs
Harold Hamm Diabetes Center - Tulsa
University of Oklahoma College of Medicine

Misti Leyva, M.S., R.D., L.D.
Assistant Professor, Bionutrition Core Director
Harold Hamm Diabetes Center - Oklahoma City
University of Oklahoma College of Medicine
PROGRAM LOCATION

DOUBLETREE WARREN PLACE
6110 South Yale Ave
Tulsa, OK 74136-1904

Phone: (918) 495-1000

A block of rooms is reserved at the Doubletree Warren Place at the rate of $89 per night. Reservations may be made by calling (918) 495-1000 and identifying the meeting as Diabetes Management and Teaching Strategies: Beyond the Basics.

It is difficult to provide a classroom temperature that is comfortable for everyone; please bring a jacket or sweater.

AMERICANS WITH DISABILITIES ACT

The University of Oklahoma Health Sciences Center fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

For accommodations on the basis of disability, call Christy Olson at (405) 271-7000.

FOR ADDITIONAL INFORMATION, CONTACT:

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VISIT OUR WEBSITE TO REGISTER ONLINE
www.haroldhammdiabetes.com

REGISTRATION FORM
BEYOND THE BASICS 2012
87200510201

MAIL OR FAX REGISTRATION TO:
University of Oklahoma OUTREACH
1700 Asp Avenue, Room B1
Norman, OK 73072-6400
Phone: (405) 326-1022 Fax: (405) 325-7273

__________________________________________

LAST NAME _______________ FIRST NAME ____________________________

CREDENTIALS: _RN _RD _LPN _AP/np _PharmD _DPh _Other:

__________________________________________

PHARMACIST, PROVIDE NABP e-Profile ID#:_________________________ MM/DD:_____________

PLACE OF EMPLOYMENT

__________________________________________

PARTICIPANT MAILING ADDRESS

__________________________________________

__________________________________________

CITY_________ STATE_________ ZIP

__________________________________________

DAYTIME PHONE_________ E-MAIL

REGISTRATION FEE:
The registration fee for this program is listed below. Please check the appropriate line. The registration fee includes refreshments, lunch and a syllabus.

Participant $100 __ OU Employee $50 __ Student $25

METHOD OF PAYMENT - PLEASE CHECK ONE:

__Check or Money Order made payable to The University of Oklahoma
__Purchase order attached P.O. #
__Please charge the fee to my credit card:
    ___American Express __ Visa __ Mastercard __ Discover

Card# ____________________________________________
Expiration Date ____________________________
Signature of Cardholder x ____________________

Cancellation Policy: A refund will be made upon written request prior to May 7, 2012; however, $25.00 will be retained for administrative costs. No refunds will be made after May 7, 2012.